SMART SNACK

USDA

APPROVED

We care about your children's health and wellness which is why all of our products are 100% Smart Snack approved as per the guidelines set by the USDA.

Please review this packet for more information.

Tikiz®

Shaved Ice & Ice Cream

U.S. PATENTED SELF-SERVE Tikiz Surv-board FLAVOR DISPENSER US D704,493S

Call Us Today!

1-855-845-4939

www.Tikiz2u.com

Rich's Ice Cream School Products Meet the "Smart Snacks in School" Standards

Rich's ICE CREAM™

-Dairy Requirement
-51% Whole Grain
-Combination Food

A Smarter way to eat Ice Cream!

Product	Size Weight	Cal.	Cal. from fat	Total Fat	% of fat cal	Sat. Fat	% of Cal from Sat Fat	Trans Fat	Sodium	Carb	Sugar	% of sugar by weight	Vit. A	Vit. C	Cal.	Iron
		≤200			<30%		<10% 2g or less	0g	<200 mg			<35%				
Low Fat Sandwich	3 fl oz 51g	130	20	2 g	14%	1g	7% 51 % whole grain	0g	120mg	25g	12g	24%	15%	0	4%	0
Strawberry Shortcake	3 fl oz 70g	130	30	3.5g	24%	1g	7% 51 % whole grain	0g	45mg	23g	15g	22%	10%	0	4%	0
Chocolate Shortcake	3 fl oz 63g	140	40	3.5g	23%	1g	6% 51 % whole grain	0g	60mg	22g	15g	21%	10%	0	4%	4%
Orange Cream Bar	2.5 fl oz 52g	70	10	1g	13%	.5g	6% Gluten Free	0g	31mg	14g	11g	20%	15%	0	4%	0
Fudge Frenzy	2.5 fl oz 63g	90	0	0	0%	0g	0 Gluten Free	0g	80mg	19g	13g	21%	0	0	10%	6%
Sour Swell	2.5 fl oz 53g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	12g	11g	19%	10%	0	2%	0
Creamy Cotton Candy	2.5 fl oz 54g	70	5	1g	13%	.5g	6% Gluten Free	0g	40mg	15g	8g	15%	10%	0	6%	0
Rainbow Polar Pole	2.75 fl oz 46g	70	10	1g	13%	.5g	6% Gluten Free	0g	20mg	13g	12g	21%	10%	0	2%	0

Nutrition facts for each item can be found at www.richicecream.com.

*Nutrition facts are subject to change without notice

Updated 2/11/2015

3 OZ. LOW FAT SANDWICH

Nutrition Facts

Serving Size 3 fl. Oz. (51g)
Servings Per Container 1

Amount Per Serving		
Calories	130	
Calories From Fat	20	
		% Daily Value*
Total Fat	2g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	<5mg	1%
Sodium	120mg	5%
Total Carbohydrate	25g	8%
Dietary Fiber	2g	8%
Sugars	12g	
Protein	2g	
Vitamin A		15%
Vitamin C		0%
Calcium		4%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-44030-5

Kosher: Kof-K Dairy

Allergen Note: Contains Milk, Wheat & Soy

Food Name: Artificially Flavored Vanilla Low Fat Frozen Dairy Dessert with two Whole Grain Wheat Chocolate Wafers

Ingredients:
LOWFAT FROZEN DAIRY DESSERT: NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, STABILIZER (MONO AND DI-GLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE.
WAFER: WHOLE GRAIN WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE, RIBOFLAVIN, FOLIC ACID), SUGAR, PALM OIL, CARAMEL COLOR, DEXTROSE, CORN FLOUR, CONTAINS 2% OR LESS OF: COCOA, INVERT SYRUP, BAKING SODA, MODIFIED CORN STARCH, SALT, SOY LECITHIN.

COTTON CANDY TWIRL

Nutrition Facts

Serving Size 2.5 fl. oz. (70g)
Servings Per Container 1

Amount Per Serving		
Calories	60	
Calories From Fat	0	
		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrate	16g	5%
Dietary Fiber	0g	0%
Sugars	16g	
Protein	0g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-86260-2

Kosher: Kof-K Dairy

Allergen Note: n/a

Food Name: A Frozen Confection

Ingredients:
WATER, SUGAR, CORN SYRUP, NATURAL AND ARTIFICIAL FLAVORS, STABILIZER (GUAR GUM, DEXTROSE, CAROB BEAN GUM, CARRAGEENAN) ARTIFICIAL COLOR (RED #40, BLUE #1).

ORANGE CREAM BAR 2.5 oz

Nutrition Facts

Serving Size 2.5 FL. OZ. (52g)

Amount Per Serving		
Calories	70	
Calories From Fat	9	
		% Daily Value*
Total Fat	1g	2%
Saturated Fat	.5g	2%
Trans Fat	0g	
Cholesterol	5mg	2%
Sodium	31mg	1%
Total Carbohydrate	14g	5%
Dietary Fiber	0g	0%
Sugars	11g	
Protein	1g	
Vitamin A		10%
Vitamin C		0%
Calcium		4%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-86010-3

Kosher: Kof-K Dairy

Allergen Note: Contains Milk.

Food Name: Naturally and Artificially Flavored Orange and Vanilla Lowfat Frozen Dairy Dessert

Size: 2.5 FL. OZ. (74 mL)

Ingredients:
ORANGE OUTSIDE: NONFAT MILK AND MILKFAT, WATER, SUGAR, CORN SYRUP, MALTODEXTRIN, WHEY, CITRIC ACID, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, LOCUST BEAN GUM, CARRAGEENAN), VITAMIN A PALMITATE, NATURAL FLAVOR, ARTIFICIAL COLOR (YELLOW #6).
VANILLA CENTER: NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, LOCUST BEAN GUM, CARRAGEENAN), ARTIFICIAL FLAVOR, VITAMIN A PALMITATE.

CHOCOLATE SHORTCAKE - REGULAR

Nutrition Facts

Serving Size 3 fl. oz. (70g)
Servings Per Container 1

Amount Per Serving		
Calories	170	
Calories From Fat	80	
		% Daily Value*
Total Fat	8g	12%
Saturated Fat	4g	20%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	60 mg	2%
Total Carbohydrate	22g	7%
Dietary Fiber less than	1g	0%
Sugars	14g	
Protein	2g	
Vitamin A		2%
Vitamin C		0%
Calcium		4%
Iron		4%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-84500-1

Kosher: Kof-K Dairy

Allergen Note: Contains Milk, Wheat & Soy.

Food Name: Artificially Flavored Vanilla Frozen Dairy Dessert with Chocolate Flavored Center and Crunch Coating

Ingredients:
FROZEN DAIRY DESSERT: NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, STABILIZER (PROPYLENE GLYCOL MONOESTER, GUAR GUM, MONO- & DIGLYCERIDES, CALCIUM SULFATE, CARRAGEENAN, LOCUST BEAN GUM), ARTIFICIAL FLAVOR.
CENTER: WATER, SUGAR, COCOA, STABILIZER (GUAR GUM, CAROB BEAN GUM, CARRAGEENAN).
COATING: SOYBEAN OIL, COCONUT OIL, SUGAR, COCOA, COCOA PROCESSED WITH ALKALI, WHEY POWDER, SOY LECITHIN, VANILLIN (ARTIFICIAL FLAVOR), TBHQ (ANTIOXIDANT).
CRUNCH: BLEACHED WHEAT FLOUR, SUGAR, VEGETABLE SHORTENING (PALM OIL AND/OR PARTIALLY HYDROGENATED OILS: SOYBEAN, COTTONSEED), CARAMEL COLOR, COCOA (PROCESSED WITH ALKALI) CORN SYRUP, SALT, ARTIFICIAL FLAVOR, BAKING SODA, SOY LECITHIN.

SAVAGELY SOUR - CHERRY

Nutrition Facts

Serving Size 2.5 fl. oz. (70g)
Servings Per Container 1

Amount Per Serving		
Calories	70	
Calories From Fat	0	
		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	10mg	0%
Total Carbohydrate	17g	6%
Dietary Fiber	0g	0%
Sugars	16g	
Protein	0g	
Vitamin A		0%
Vitamin C		0%
Calcium		0%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-86266-4

Kosher: Kof-K Dairy

Allergen Note: n/a

Food Name: A Frozen Confection

Ingredients:
WATER, SUGAR, CORN SYRUP, CITRIC ACID, NATURAL AND ARTIFICIAL FLAVORS, STABILIZER (GUAR GUM, DEXTROSE, CAROB BEAN GUM, CARRAGEENAN) ARTIFICIAL COLOR (RED #40 YELLOW #5, BLUE #1).

FUDGE FRENZY

Nutrition Facts

Serving Size 1 Bar (63g)
Servings Per Container 1

Amount Per Serving		
Calories	90	
Calories From Fat	0	
		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Trans Fat	0g	
Cholesterol	< 5mg	1%
Sodium	80mg	3%
Total Carbohydrate	19g	6%
Dietary Fiber	< 1g	0%
Sugars	13g	
Protein	3g	
Vitamin A		2%
Vitamin C		0%
Calcium		10%
Iron		6%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-86210-7

Kosher: Kof-K Dairy

Allergen Note: Contains Milk.

Food Name: A Lowfat Frozen Dairy Desert

Size: 2.5 FL. OZ (74mL)

Ingredients:
NONFAT MILK, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, COCOA, AND STABILIZER (CELLULOSE GUM, CAROB BEAN GUM, CARRAGEENAN, AND GUAR GUM).

POLAR POLE - RAINBOW

Nutrition Facts

Serving Size 1 Tube (58g)
Servings Per Container 1

Amount Per Serving		
Calories	70	
Calories From Fat	10	
		% Daily Value*
Total Fat	1g	2%
Saturated Fat	.5g	2%
Trans Fat	0g	
Cholesterol less than	5mg	1%
Sodium	20mg	1%
Total Carbohydrate	13g	4%
Dietary Fiber	0g	0%
Sugars	12g	
Protein	3g	
Vitamin A		10%
Vitamin C		0%
Calcium		2%
Iron		0%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-42570-8

Kosher: Kof-K Dairy

Allergen Note: Contains Milk

Food Name: Naturally and Artificially Flavored Cherry, Blue Raspberry and Orange Lowfat Frozen Dairy Dessert

Size: 2.75 FL. OZ. (81 mL)

Ingredients:
NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP,WHEY, CITRIC ACID, STABILIZER (MONO & DIGLYCERIDES, GUAR GUM, POLYSORBATE 80, LOCUST BEAN GUM, XANTHAN GUM), VITAMIN A PALMITATE, NATURAL AND ARTIFICAL FLAVORS, ARTIFICIAL COLOR (YELLOW #6, BLUE #1, RED #40)

STRAWBERRY SHORTCAKE - REGULAR

Nutrition Facts

Serving Size 3 fl. oz. (70g)
Servings Per Container 1

Amount Per Serving		
Calories	170	
Calories From Fat	80	
		% Daily Value*
Total Fat	9g	14%
Saturated Fat	4.5g	22%
Trans Fat	0g	
Cholesterol	10mg	3%
Sodium	55mg	2%
Total Carbohydrate	21g	7%
Dietary Fiber	0g	0%
Sugars	16g	
Protein	1g	
Vitamin A		4%
Vitamin C		0%
Calcium		4%
Iron		2%

*Percent daily values are based on a 2,000 calorie diet. Your daily values my be higher or lower depending on your calorie needs.

UPC Code: 0-75455-84400-4

Kosher: Kof-K Dairy

Allergen Note: Contains Milk, Wheat & Soy.

Food Name: Artificially Flavored Vanilla Frozen Dairy Dessert with Artificially Flavored Strawberry Center and Crunch Coating

Ingredients:
FROZEN DAIRY DESSERT: NONFAT MILK AND MILKFAT, SUGAR, CORN SYRUP, WHEY, MALTODEXTRIN, STABILIZER (PROPYLENE GLYCOL MONOESTER, GUAR GUM, MONO- & DIGLYCERIDES, CALCIUM SULFATE, CARRAGEENAN, LOCUST BEAN GUM), ARTIFICIAL FLAVOR.
CENTER: WATER, DEXTROSE, ADIPIC ACID, ARTIFICIAL FLAVOR, STABILIZER (LOCUST BEAN GUM, GUAR GUM, PROPYLENE GLYCOL ALGINATE), SILICON DIOXIDE (ANTICAKING), ARTIFICIAL COLOR (RED #40).
COATING: SOYBEAN OIL, COCONUT OIL, SUGAR, NONFAT DRY MILK, SOY LECITHIN, SALT, VANILLIN (ARTIFICIAL FLAVOR), TBHQ (ANTIOXIDANT).
CRUNCH: BLEACHED WHEAT FLOUR, SUGAR, VEGETABLE SHORTENING (PALM OIL AND/OR PARTIALLY HYDROGENATED OILS: SOYBEAN, COTTONSEED), SALT, BAKING SODA, ARTIFICIAL FLAVOR, SOY LECITHIN, ARTIFICIAL COLOR (RED #3).

8oz Tikiz Shaved Ice

Tikiz Shaved Ice Products are:

- Fat Free
- Gluten Free
- Soy Free
- Wheat Free

SUGAR-FREE FLAVORS AVAILABLE

Nutrition Facts

Serving Size 1 oz (28g)
Servings Per Container 1

Amount Per Serving	
Calories 90	
	% Daily Values*
Total Fat 0g	**0%**
Saturated Fat 0g	**0%**
Trans Fat 0g	
Sodium 26mg	**1%**
Total Carbohydrate 22g	**7%**
Dietary Fiber 0g	**0%**
Sugars 22g	
Protein 0g	**0%**

*Percent Daily Values are based on a 2,000 calorie diet.

Ingredients: Ice, Pure Cane Sugar, Fruit, Sodium Benzoate (preservative), Citric Acid

SMART SNACK

USDA

APPROVED

U.S. PATENTED SELF-SERVE Tikiz Surv-board FLAVOR DISPENSER US D704,4935

Call Us Today!

1-855-845-4939

www.Tikiz2u.com